

POST-GRADUATION Organizational and Occupational Health Psychology



Next edition
date to be
announced



Workload
240 hours
9 months



Format
face-to-face and
online



ECTS
48



Timetable
Friday, 18:00 – 22:00
Saturday, 09:00 – 13:00

Structure

The past few years have made it evident that these are important fields for the labour market and for public health, namely with mental health and labour issues being discussed in the media. This Post-graduation aims to provide a quality response to the challenges that labour poses in terms of health and well-being.

Ordem dos Psicólogos Portugueses (Portuguese Psychological Association) has created an advanced specialization in Occupational Health Psychology. However, the training offer in this field is still lacking. We consider that this program represents an asset to Portuguese psychologists both in terms of training and in terms of allowing access to the advanced specialization in Occupational Health Psychology by Ordem dos Psicólogos .

Objectives

This program aims to provide post-graduate training in Organizational and Occupational Health Psychology that allows participants to become specialists in Organizational and Occupational Health Psychology.

Who should attend

This postgraduate course is aimed at holders of a bachelor's degree or legal equivalent in Psychology, Medicine and Human Resource Management.

Coordination

Samuel Antunes

Study Plan

Occupational Health Psychology
 Samuel Antunes
 30 hours – 6 ECTS

Leadership, Engagement and Motivation
 Tito Laneiro
 30 hours – 6 ECTS

Psychological Evaluation in Human Resources
 Renato Carvalho
 30 hours – 6 ECTS

Preventing Stress at Work
 Frédéric Dutheil e Sara Ascenso
 30 hours – 6 ECTS

Evaluation and Intervention in Psychosocial risks
 Samuel Antunes
 30 hours – 6 ECTS

Organizational Psychology
 José Magalhães
 30 hours – 6 ECTS

Health and well-Being at Work
 Sara Ascenso
 30 hours – 6 ECTS

Management of Human Resources
 Cassiana Tavares
 30 hours – 6 ECTS

Assessment Methodology

Continuous assessment based on the creation and presentation of a project framed with the content of the course.

Payment Conditions

Application	150€
Enrolment	150€
School insurance	20€
Certificate	75€
Tuition fees	2000€*

*Fee can be paid in 9 instalments or in full. If payment is in full, a 3,5% discount is applied.
 *AUTÓNOMA alumni have a 10% discount on the tuition fee.

Documentation

- Original or certified copy of the Qualification Certificate ^(a)
- Photo
- Curriculum vitae

^(a) Qualifications obtained at the Universidade Autónoma de Lisboa do not require authentication. In the case of qualifications obtained abroad, in addition to the authentication of the copy(s) described above, authentication by the Portuguese Embassy or Consulate in the country of origin of the academic qualification or by the Apostille of the Hague Convention is required. If the documents are not in Portuguese, the documents must be translated by a translator recognized by the Portuguese diplomatic representation.