

POST-GRADUATION

Organizational and Occupational Health Psychology



2022/2023

Objectives

This program aims to provide post-graduate training in Organizational and Occupational Health Psychology that allows participants to become specialists in Organizational and Occupational Health Psychology.

Who should attend

This post-graduation has been designed for individuals holding a licenciado degree or a legally equivalent degree in Psychology, Medicine, and Management of Human Resources.

Classroom course. Students outside the Lisbon district can watch online with the exception of the final exam.

Information

 **215 800 952**

academy.autonoma.pt / academy@autonoma.pt

Structure

The past few years have made it evident that these are important fields for the labour market and for public health, namely with mental health and labour issues being discussed in the media. This Post-graduation aims to provide a quality response to the challenges that labour poses in terms of health and well-being.

Ordem dos Psicólogos Portugueses (Portuguese Psychological Association) has created an advanced specialization in Occupational Health Psychology. However, the training offer in this field is still lacking. We consider that this program represents an asset to Portuguese psychologists both in terms of training and in terms of allowing access to the advanced specialization in Occupational Health by Ordem dos Psicólogos.

Coordinator: Samuel Antunes

DURATION

October 2022

TIMETABLE

Friday 18:00 – 22:00

Saturday 09:00 – 13:00

WORKLOAD | ECTS

240 hours | 48 ECTS

FEE

Application	100€
Enrolment	100€
School insurance fee	20€
Certificate	75€
Tuition fees	2000€*

* Fee can be paid in 9 instalments or in full. If payment is in full, a 3,5% discount is applied.

* AUTÓNOMA alumni have a 10% discount on the tuition fee

Study Plan

> Modules

Occupational Health Psychology

Samuel Antunes

30 hours _6 ECTS

Leadership, Engagement and Motivation

Tito Laneiro

30 hours _6 ECTS

Psychological Evaluation in Human

Resources

Renato Carvalho

30 hours _6 ECTS

Preventing Stress at Work

Frédéric Duthéil e Sara Ascenso

30 hours _6 ECTS

Evaluation and Intervention in Psychosocial

risks

Samuel Antunes

30 hours _6 ECTS

Organizational Psychology

José Magalhães

30 hours _6 ECTS

Health and well-Being at Work

Sara Ascenso

30 hours _6 ECTS

Management of Human Resources

Cassiana Tavares

30 hours _6 ECTS