

Safety and Health at Work

2022/2023

5th Edition

Objectives

We aim that participants acquire skills in health and safety at work that allow them to train on or conduct preventative action at basic level, namely:

- Know the legal framework on Health and Safety at Work and its liabilities;
- understand the basic concepts of Health and Safety at Work;
- Acknowledge the importance of Health and Safety at Work;
- Identify the main professional and specific risks;
- Implement preventative actions for professional and specific risks.

For security purposes, classes will be taught online

Who should attend

Those working who work or own small companies (up to 9 workers) who are responsible for basic health and security at work, as laid down in article 6 of the attachment to Decree-Law nº 109/2000, of 30 June, whose activity is not considered high risk.

In general, the program is useful for all those who aim to learn about safety and health at work, including private security professionals.

Information

 **215 800 952**

academy.autonoma.pt / academy@autonoma.pt

Structure

The program aims to meet the requirements of the law on preventive actions and promoting safety and health at work (Law n. º 102/2009, of 10 September 2009), pursuant to article 284 of the Labour Code regarding preventative action.

The program aims to meet the needs of the Private Security Department of the police (PSP), which requires that all those who are trainers in Safety and Hygiene at Work Applied to the Public Security (BASO6 – Segurança e Higiene no Trabalho aplicada à SP) must have a specific qualification.

The program also allows the certification of private security professionals who, in the company they work for or when providing service to a client, become directly or indirectly involved in training or in preventative actions in health and safety at work.

Coordinator: Ludovico Jara Franco

DURATION

November 2022

TIMETABLE

Friday 18:30 – 22:30

Saturday 09:00 – 18:00

WORKLOAD

50 hours

FEE

School insurance fee	20€
Certificate	25€
Tuition fees	240€*

*AUTÓNOMA alumni and ADSP associates have a 10% discount on the tuition fee.

Special editions for companies (In & Out).

Study Plan

> Modules

Legislation and the concepts of safety and health at work

5 hours

Subpoenas, compulsory communication and claims

2 hours

Occupational diseases and work-related accidents: causes, consequences and costs

6 hours

Investigating work-related accidents

4 hours

Occupational hazards, control measures, inspection and audit

10 hours

Protective equipment (EPC and EPI) and safety signs

4 hours

Organization and operation of safety and health services at work

4 hours

Introduction to medical emergency and evacuation, first response

6 hours

Managing prevention, internal safety plan

8 hours

Assessment

1 hour

> Lecturers

Ludovico Jara Franco

Rita Casqueiro

Partner

